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Nail Avulsion Surgery

Possible Side Effects

Infection

Mild Phenol 'burn' of surrounding skin

Adverse reaction to anaesthetic

Severity of pain or discomfort is usually dependent on how difficult the nail is to remove

To best avoid any complications, please ensure you fully disclose your medical details and follow the care and advice provided.

Important

If you experience any moderate to severe pain, bleeding or redness in your foot or leg you must contact Gen Health immediately on 55 719 923 (after hours 0417 377 512).

If unable to contact us, present to the emergency department of the hospital with this brochure as information about this procedure.

Surgery Pricing

Day of Surgery	Cost
(985) Local Anaesthesia Injection	\$70
(474) Nail Avulsion Procedure & Matrix Sterilisation single side	\$265
(411) Medical/Surgical Dressings	\$37
Extra side if required + \$55 each	
TOTAL	\$372

Redressing	Cost
Day 3 after surgery	
(010) Re-dressing short Consult	\$48
Day 10 after surgery	
(010) Re-dressing short Consult	\$48
TOTAL	\$96

What is Nail Avulsion Surgery?

A procedure performed under local anaesthetic to remove a portion or occasionally the whole toenail, to stop it irritating the skin.

In order to achieve this, the nail must be detached from the nail bed where it attaches at the base.

A chemical called Phenol is applied to the area where the removed portion of nail once was. This prevents that problematic part from growing again.

This procedure has become much less invasive than the older methods of nail surgery. No stitches are required, and there is usually little bleeding.

There is a 90% success rate when doing avulsion surgeries which is an excellent outcome. In rare cases part of the nail may grow back.

How to Prepare

Eat and drink as normal before the procedure.

It is not recommended you drive or operate machinery after the procedure, please have someone drive you to and from your appointment.

Wear thongs or open shoes as the dressing usually does not fit into regular shoes.

You may like to bring something to read or distract you.

Allow approximately 1 hour, please arrive early to complete Surgery paperwork.

For this paperwork we will require the following information regarding your medical history.

- Any medications you may be taking
- Your current weight
- Pregnancy history
- Smoking status
- Allergies
- Your surgical and anaesthetic history including any adverse reactions during any surgical procedures
- Any history with:
 - Cardiovascular disease
 - Respiratory disease
 - Liver or kidney disease
 - Metabolic disorders
 - Blood conditions
 - Skin conditions

Dressing Regime

After the first check-up on day 3, you will be required to dress the toe daily as follows:

1. Wash thoroughly with cotton wool and sterile saline (salt water).
2. Remove any debris or dry skin very gently.
3. Dry well.
4. Apply Betadine ointment to toe
5. Apply a Cutiplast (breathable band aid) to your toe

You must keep your tow dry during each shower.

The dressing may need changing more often if your foot becomes wet, sweaty or dirty.



What to Expect Afterwards

Your toe will remain numb for 2-3 hours after the procedure until the anaesthetic wears off.

The postoperative dressing must remain on and dry until after your next appointment in 3 days.

It is normal to experience mild discomfort within the first 24-48 hours after surgery, however, some patients experience none at all.

Paracetamol can be used for pain relief as directed on the box, **DO NOT TAKE ASPIRIN or ANTI INFLAMMATORIES** - these can encourage bleeding.

For best results cover your foot with a plastic bag in the shower.

DO NOT remove the dressing, this will be done at your first review appointment.

Return to normal activity the day after the procedure within your comfort levels.

Excess trauma should be avoided e.g. kicking a ball.

If your toe bleeds through the dressing, elevate your foot and apply further bandaging.